



# COVID-19 SAFETY PLAN

## Maison Escrime Fencing Club

<b>Association/Club</b>	ACT Fencing Association (ACTFA) / Maison Escrime Fencing Club
<b>Training Location</b>	19 Ashburton Cct Kaleen ACT 2617
<b>Club Facility Location</b>	Kaleen Primary School, Gym
<b>Club President</b>	Georg Mittermair; Club President - Maison Escrime Fencing Club
<b>Contact Email</b>	maison.escrime.au@gmail.com
<b>Contact Mobile Number</b>	0423 910 618
<b>Version</b>	V1 09/06/2020
<b>Richard Bryson; Club Secretary - Maison Escrime Fencing Club, is responsible for this document</b>	



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# 1. Introduction

The purpose of this COVID-19 Safety Plan (**Plan**) is to provide an overarching plan for the implementation and management of procedures by Maison Escrime Fencing Club to support Maison Escrime Fencing Club and its members and participants in the staged resumption of community sport and club activities.

The arrangements set out in this Plan are intended to prevent the transmission of COVID-19 among members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community. The Plan provides the framework to govern the general operation of the Maison Escrime Fencing Club any facilities it controls, the playing/training behaviour of all members and participants and the monitoring and reporting of the health of attendees at Maison Escrime Fencing Club facilities.

This Plan includes, but is not limited to, the conduct of:

- a. staged training and competition activities (sport operations); and
- b. facility management and supporting operations (facility operations).

At all times the Plan is subject to all regulations, guidelines and directions of government and public health authorities.

## 2. Key Principles

This Plan is based on, and accepts, the AIS [Framework for Rebooting Sport in a COVID-19 Environment](#) (**AIS Framework**) and the [National Principles for the Resumption of Sport and Recreation Activities](#) (**National Principles**).

The Plan also accepts as key principles that:

- The health and safety of members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community is the number one priority;
- Members, participants, coaches, officials, administrators/volunteers, families and the broader community need to be engaged and briefed on Maison Escrime Fencing Club's return to sport plans;
- Facilities are assessed and appropriate plans are developed to accommodate upgraded hygiene protocols, physical distancing and other measures to mitigate the risk of transmission of COVID-19;
- Training cannot resume until the arrangements for sport operations and facility operations are finalised and approved, if necessary; and
- At every stage of the return to sport process Maison Escrime Fencing Club must consider and apply all applicable State and Territory Government and local restrictions and regulations. Maison Escrime Fencing Club needs to be prepared for any localised outbreak at our facilities, within our competitions or in the local community.

### 3. Responsibilities under this Plan

Maison Escrime Fencing Club retains the overall responsibility for the effective management and implementation of the return to sport activities and operations outlined in this Plan.

The Committee of Maison Escrime Fencing Club is responsible for:

- Approving the Plan and overseeing the implementation of the arrangements in the Plan; and
- Revising the Plan as required, ensuring it reflects up to date information from government and public health officials.

The Committee has appointed the following person as the Maison Escrime Fencing Club COVID-19 Safety Coordinator to execute the delivery of the Plan and to act as a point of contact for information relating to this Plan:

<b>Name</b>	Richard Bryson
<b>Contact Email</b>	maison.escrime.au@gmail.com
<b>Contact Number</b>	0423 910 618

Maison Escrime Fencing Club expects all members, participants, coaches, officials, administrative staff and volunteers to:

- Comply with the health directions of government and public health authorities as issued from time to time;
- Understand and act in accordance with this Plan as amended from time to time;
- Comply with any testing and precautionary measures implemented by Maison Escrime Fencing Club;
- Act with honesty and integrity in regard to the state of their personal health and any potential symptoms; and
- Monitor their health and take a cautious approach to self-isolation and reporting of potential symptoms.

### 4. Return to Sport Arrangements

As at the date of this Plan, participants have not been training, other than personal home-based training activities. The Plan outlines specific sport requirements that Maison Escrime Fencing Club will implement for Level B and Level C of the AIS Framework.

Maison Escrime Fencing Club will transition to the training activity and facility use as outlined in Level B of the AIS Framework and the training/competition activities and facility use outlined in Level C of the AIS Framework when permitted under local restrictions and regulations.

#### 4.1 AIS Framework Arrangements

The protocols for conducting sport operations and facility operations under Level B and Level C of the AIS Framework are set out in the Appendix.

## 4.2 Roadmap to a COVIDSafe Australia

Maison Escrime Fencing Club will also comply with the Australian government's [Roadmap to a COVIDSafe Australia](#), which places limits on the type of activity that can be conducted and the number of people who can gather at facilities, notwithstanding the activities permitted by the AIS Framework (see below).

<b>AIS Activities</b>	<b>Level A:</b> Training in no more than pairs. Physical distancing required.	<b>Level B:</b> Indoor/outdoor activity. Training in small groups up to 10. Physical distancing required.		<b>Level C:</b> Full sporting activity (training and competition) allowed. No restriction on numbers. Contact allowed.	
<b>Roadmap Activities</b>	N/A	<b>Step 1:</b> No indoor activity. Outdoor sport (up to 10 people) consistent with AIS Framework.	<b>Step 2:</b> Indoor/outdoor sport up to 20 people. Physical distancing (density 4m <sup>2</sup> ).	<b>Step 3:</b> Venues allowed to operate with up to 100 people with physical distancing. Community sport expansion to be considered consistent with AIS Framework.	<b>Further steps TBC</b>

## 5. Recovery

When public health officials determine that the outbreak has ended in the local community, Maison Escrime Fencing Club will consult with relevant authorities to identify criteria for scaling back its COVID-19 prevention actions. Maison Escrime Fencing Club will also consider which protocols can remain to optimise good public and participant health.

At this time the Committee of Maison Escrime Fencing Club will consult with key stakeholders to review the delivery of its return to sport arrangements and use feedback to improve organisational plans and systems.

## Appendix: Outline of Return to Sport Arrangements

### Part 1 – Sport Operations

Area	Plan Requirements (for activities under AIS Framework Level B)	Plan Requirements (for activities under AIS Framework Level C)
<b>Approvals</b>	<p>The club must obtain the following approvals to allow a return to training at Level B:</p> <ul style="list-style-type: none"> <li>• ACT Government approval of the resumption of community sport.</li> <li>• Relaxation of public gathering restrictions to enable indoor training to occur.</li> <li>• Kaleen Primary School (venue owner) approval to training at venue.</li> <li>• Club committee has approved return to training for club.</li> <li>• Insurance arrangements confirmed to cover training.</li> </ul>	<p>The club must obtain the following approvals to allow a return to training/competition at Level C:</p> <ul style="list-style-type: none"> <li>• Relaxation of public gathering restrictions to enable training to occur.</li> <li>• Kaleen Primary School (venue owner) approval to training/competition at venue.</li> <li>• Club committee has approved return to competition for club.</li> <li>• Insurance arrangements confirmed to cover competition.</li> </ul>
<b>Training Processes</b>	<p>The Club specific training processes are:</p> <ul style="list-style-type: none"> <li>• Emphasise AIS Framework principle of “Get in, train, get out” – arrive ready to train.</li> <li>• Training sessions are every Wednesday from 7pm to 8.30pm.</li> <li>• Training to be permitted by small groups of up to 20 fencers, including: skill drills training plus fencing bouts between 2 people.</li> <li>• There will be no contact including high fives/hand shaking after a bout, no socialising or group meals.</li> <li>• Training and bouting will be set up in half the hall, maintaining base density requirement of 4 square metres per fencer and physical distancing (&gt;1.5 metres).</li> <li>• A sanitising station will be available for use by club members.</li> <li>• Shared fencing equipment (scoring boxes, Ground wires, spools, remote controls, power cords) will be sanitise equipment before, during, after sessions and use of such equipment to be limited.</li> <li>• No sharing of personal fencing equipment.</li> </ul>	<p>The Club specific training and competition processes are:</p> <ul style="list-style-type: none"> <li>• AIS Framework principles – full sporting activity that can be conducted in groups of any size (subject to COVIDSafe Roadmap) including full contact.</li> <li>• Limit unnecessary social gatherings.</li> <li>• Clearly outline nature of training permitted.</li> <li>• Access to treatment from support staff.</li> <li>• Sanitising requirements continue from Level B.</li> <li>• Treatment of shared equipment continues from Level B.</li> <li>• Personal hygiene encouraged (e.g. wash hands prior to training, no spitting or coughing).</li> <li>• Training/playing attendance register kept.</li> </ul>

	<ul style="list-style-type: none"> <li>• Personal hygiene encouraged (e.g. wash hands prior to training, no spitting or coughing).</li> <li>• Visitors (ie non-fencers) will be asked to comply with all personal health and hygiene requirements.</li> <li>• Attendance register will be kept for everyone.</li> <li>• If someone is non-compliant they will be asked to leave immediately.</li> </ul>	
<b>Personal health</b>	<p>The Club will specify the following personal health protocols:</p> <ul style="list-style-type: none"> <li>• Graded return to sport to avoid injury.</li> <li>• Advice to fencers, coaches, volunteers to not attend if unwell (including any signs/symptoms of cold, flu, COVID-19 or other illness).</li> <li>• Washing of hands prior to, during and after training and use of hand sanitiser.</li> <li>• Avoid physical greetings (i.e. hand shaking, high fives etc.) including after a bout.</li> <li>• Every fencer to bring own filled water bottle. If participant has forgotten to bring their own water bottle, Club can provide single use paper cups that are to be discarded after use.</li> <li>• Avoid coughing, clearing nose, spitting etc.</li> <li>• Launder own training uniform and wash personal equipment.</li> <li>• If people present or do develop signs/symptoms of cold, flu, COVID-19 or other illnesses will be asked to leave and take appropriate personal action. The club will contact the relevant ACT Health authorities and notify them of the occurrence.</li> </ul>	<p>The Club will specify the following personal health protocols:</p> <ul style="list-style-type: none"> <li>• Requirements continue from Level B].</li> </ul>
<b>Hygiene</b>	<p>The Club will undertake the following specific hygiene protocols to support training:</p> <ul style="list-style-type: none"> <li>• Any safe hygiene protocols distributed by AFF and ACTFA that will be adopted by club.</li> <li>• Guidelines for sanitisation and cleaning, including requirements for sanitisation stations.</li> </ul>	<p>The Club will undertake the following specific hygiene protocols to support training:</p> <ul style="list-style-type: none"> <li>• Hygiene and cleaning measures to continue from Level B].</li> </ul>
<b>Communications</b>	<p>The Club will adopt the following specific communications plan when communicating to players, coaches, members, volunteers and families:</p>	<p>The Club will adopt the following specific communications plan when communicating to players, coaches, members, volunteers and families:</p>

	<ul style="list-style-type: none"> <li>• The club will brief players, coaches and volunteers on return to training protocols including hygiene protocols by email and reinforce hand washing and general hygiene etiquette.</li> <li>• Endorse the government COVIDSafe app and encourage fencers, coaches, members, volunteers and families to download and use app.</li> <li>• Will promote good personal hygiene practices in and around training sessions and in Club facilities.</li> <li>• Tell individuals how to access mental health and wellbeing counselling services.</li> </ul>	<ul style="list-style-type: none"> <li>• The club will brief players, coaches and volunteers on return to training protocols including hygiene protocols by email and reinforce hand washing and general hygiene etiquette.</li> <li>• Continued endorsement of government COVIDSafe app and encouragement to players, coaches, members, volunteers and families to download and use app.</li> <li>• Tell individuals how to access mental health and wellbeing counselling services.</li> </ul>
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## Part 2 – Facility Operations

Area	Plan Requirements (for activities under AIS Framework Level B)	Plan Requirements (for activities under AIS Framework Level C)
<b>Approvals</b>	<p>The club will obtain the following approvals to allow use of club facilities at Level B:</p> <ul style="list-style-type: none"> <li>• ACT Government approval of the resumption of facility operations.</li> <li>• Kaleen Primary School venue owner approval to use of facility.</li> <li>• Club committee has approved plan for use of club facilities.</li> <li>• Insurance arrangements confirmed to cover facility usage.</li> </ul>	<p>The club will obtain the following approvals to allow use of club facilities at Level C:</p> <ul style="list-style-type: none"> <li>• ACT Government approval of the resumption of facility operations.</li> <li>• Local government has given approval to use of facility, if required.</li> <li>• Club committee has approved plan for use of club facilities.</li> <li>• Insurance arrangements confirmed to cover facility usage.</li> </ul>
<b>Facilities</b>	<p>The Club does not own any facilities, therefore the clubs needs to adhere to the terms and conditions of the respective gym provider (Kaleen Primary School) for the use of the Indoor facility. These terms and conditions must be in accordance with ACT Government regulations.</p> <ul style="list-style-type: none"> <li>• <u>Use of Indoor facilities includes:</u> <ul style="list-style-type: none"> <li>– A limit of 20 people at local government facilities.</li> <li>– If any participants are unwell, these persons should not attend.</li> <li>– Social distancing rules still apply – maintain 1.5m distance and avoid physical contact with others where possible.</li> <li>– Additional cleaning by hall hirer required includes: hard surfaces are cleaned with disinfectant and disposable paper towel before</li> </ul> </li> </ul>	<p>Hygiene and cleaning protocols measures as per AIS Level B in accordance with gym provider requirements as appropriate.</p>



	<p>you leave. This includes work surfaces, door handles, appliances, sink basins and shared furniture e.g plastic chairs</p> <ul style="list-style-type: none"> <li>• Soap and paper towel is provided by the council for hand washing only. Hirer to bring additional supplies to clean with.</li> </ul>	
<b>Facility access</b>	<p>Restrictions on facility access to limit anyone who has:</p> <ul style="list-style-type: none"> <li>– COVID-19 or has been in direct contact with a known case of COVID-19 in the previous 14 days.</li> <li>– Cold or Flu-like symptoms</li> <li>– Travelled internationally in the previous 14 days.</li> </ul> <p>By communicating this prior to return to training encouraging people to stay home who are a high health risk (e.g. due to age or pre-existing health conditions) and also include relevant questions in attendance register.</p> <ul style="list-style-type: none"> <li>• Encourage only essential participants should attend to minimise numbers; not more than one parent/carer to attend with children; gathering numbers should not exceed government allowances.</li> <li>• Any spectators should observe physical distancing requirements (&gt;1.5 metres – chairs to be set up accordingly).</li> <li>• Detailed attendance register to be kept.</li> </ul>	Continue AIS Level B protocols as appropriate.
<b>Hygiene</b>	<p>The Club will adhere to the following specific hygiene protocols to ensure regular sanitisation and cleaning of club facilities:</p> <ul style="list-style-type: none"> <li>• Any safe hygiene protocols distributed by national/state sporting body or local association that will be adopted by the club.</li> <li>• Club Hygiene protocol includes: <ul style="list-style-type: none"> <li>– Club to provide hand sanitiser.</li> <li>– Protocols for sanitising stations, sanitising shared equipment, uniforms.</li> <li>– Cleaning standards – increase regular cleans and frequent wiping of high touch surfaces to minimum before and after hall use by each group</li> <li>– Displaying posters outlining relevant personal hygiene guidance if not already done so by hall provider.</li> <li>– Avoiding shared use of equipment.</li> </ul> </li> </ul>	Continue hygiene and cleaning measures as per AIS Level B as appropriate.

	<ul style="list-style-type: none"> <li>– Hall provider to provide suitable rubbish bins, club to provide &amp; dispose of separate rubbish bags for each session.</li> <li>– follow hall provider's instructions on cleaning standards for hirer.</li> </ul>	
<b>Management of unwell participants</b>	<p>The Club will undertake the following specific protocols to manage unwell participants at a club activity:</p> <ul style="list-style-type: none"> <li>• Isolate participant and send home/refer as appropriate.</li> <li>• Training of volunteers/club management on handling of symptomatic participants and disinfecting of facilities used by such participants.</li> <li>• Notify ACT public health authorities and other attendees of symptomatic participants.</li> </ul>	Measures as per Level B].
<b>Club responsibilities</b>	<p>The club will oversee:</p> <ul style="list-style-type: none"> <li>• Provision and conduct of hygiene protocols as per the Plan.</li> <li>• The capture of a record of attendance at all training and club activities and maintaining an up-to-date log of attendance.</li> <li>• Coordination of Level B field and training operations.</li> <li>• Operation of the club's facilities in support of all Level B training activities in accordance with this Plan.</li> </ul>	As per Level B.